

World Heart Day Celebration, 2026

World Heart Day 2026 Celebrated at AIIMS Guwahati, by The **College of Nursing, AIIMS Guwahati**, on **29th September, 2026** under the theme: “‘Don’t Miss a Beat’, raising awareness of the world’s number one killer and highlighting the importance of recognising the signs and symptoms of CVD”.

The programme was conducted under the esteemed guidance of Prof. (Dr.) Ashok Puranik, Executive Director, AIIMS Guwahati, and with the support and coordination of Prof. (Dr.) Unmona Borgohain Saikia, Principal, College of Nursing, AIIMS Guwahati.

On the occasion, the College of Nursing, AIIMS Guwahati, organised a public awareness programme focusing on recognising subtle signs of cardiovascular disease, promoting heart-healthy practices, and incorporating CPR awareness for timely response to cardiac emergencies. The celebration featured health education and role play focusing on prevention and early signs of CVDs along with demonstration and redemonstration of CPR by patients relatives.

The initiative reaffirmed AIIMS Guwahati’s commitment to promoting awareness about cardiovascular diseases (CVDs), their warning signs, prevention and global health burden.

**Health Education Prof. (Dr.) Unmona Borgohain Saikia, Principal,
College of Nursing**



Role Play by B.Sc. (Honors) Nursing Students



CPR Demonstration and Redemonstration

